

7 – Quality Factor

ME-426 – Micro/Nanomechanical Devices

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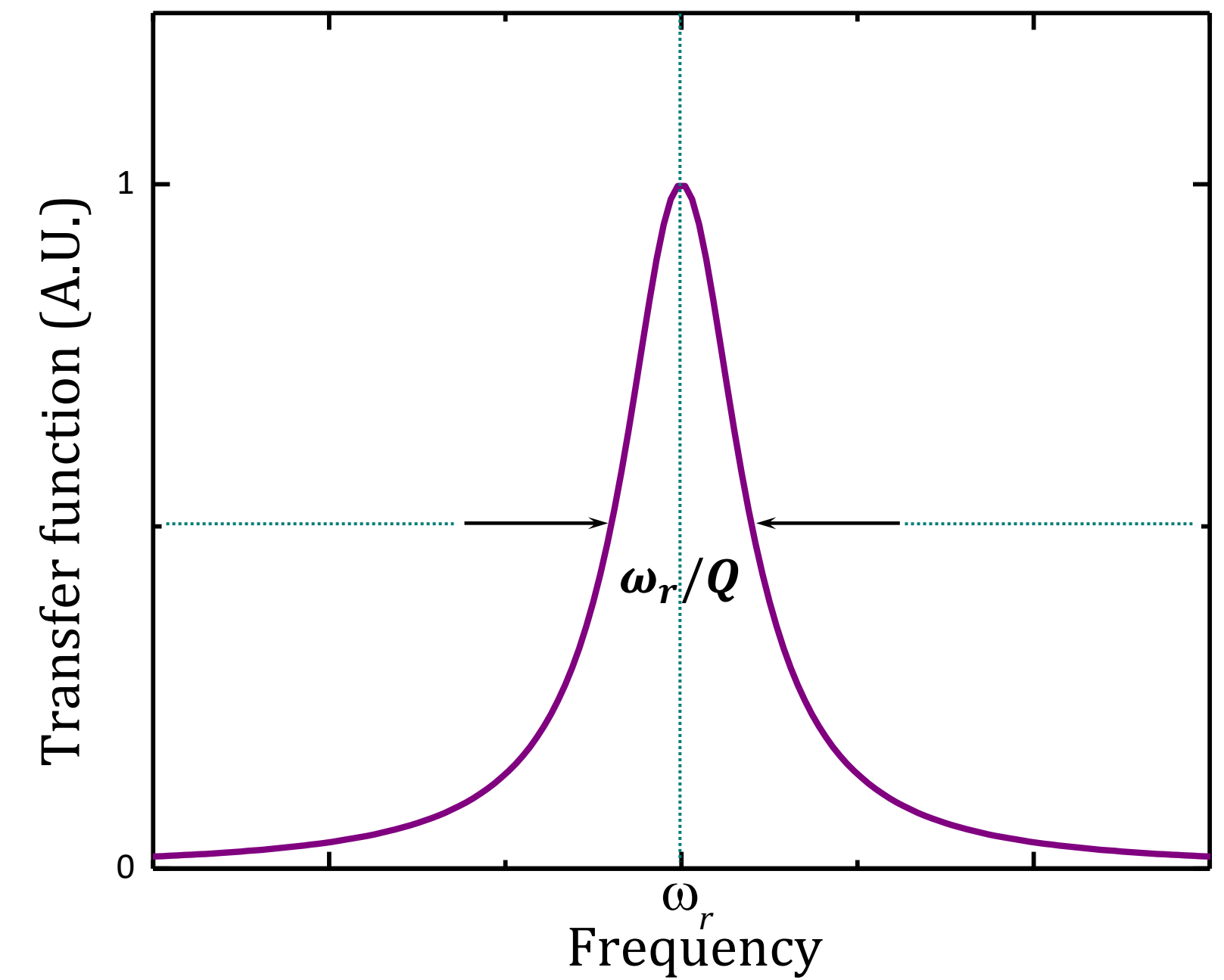
EPFL Introduction

- Concept of Quality Factor
- Viscous damping
- Anchor losses
- Internal losses
- Damping in stressed beams

What is the Quality Factor?

EPFL What is a resonator?

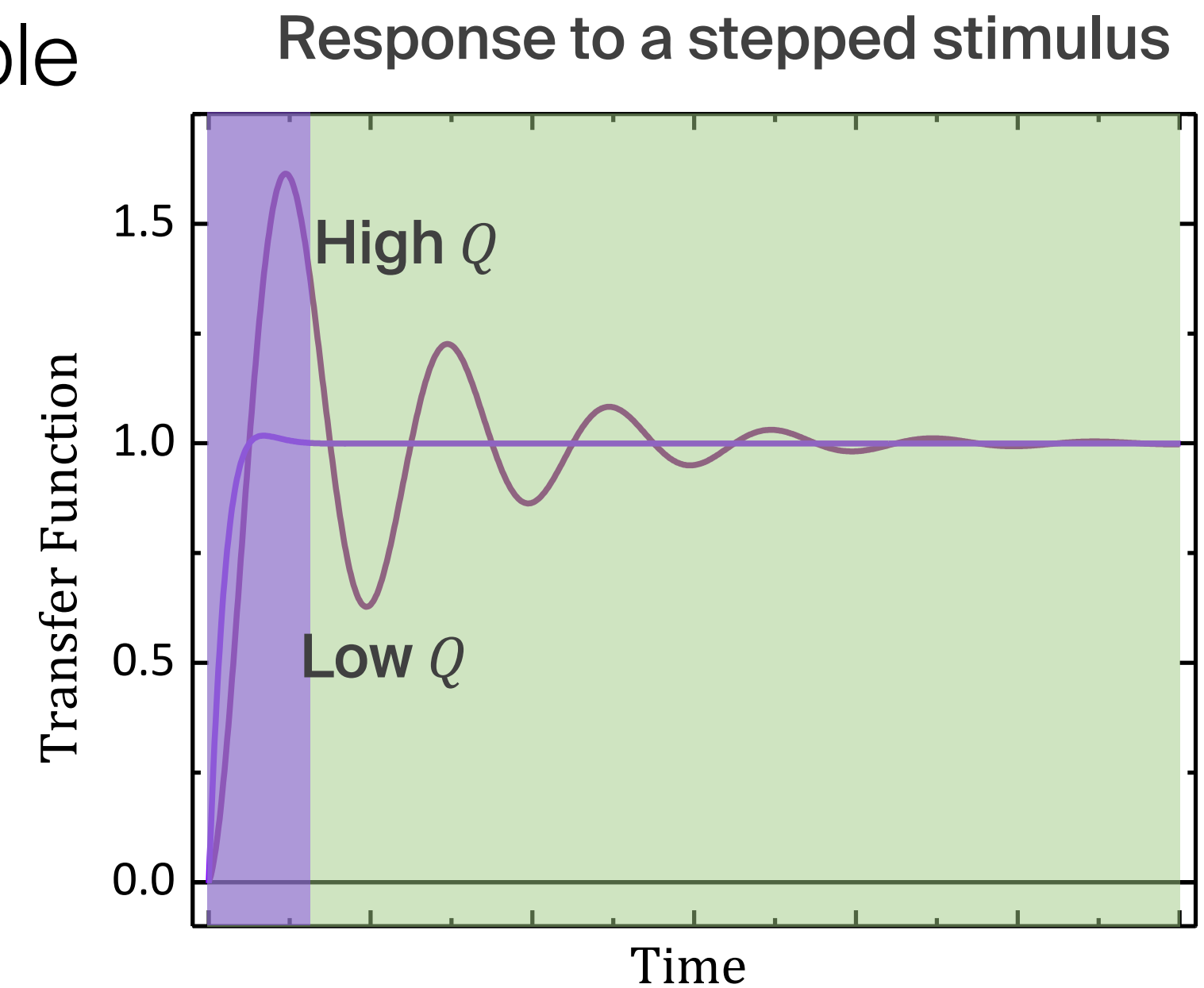
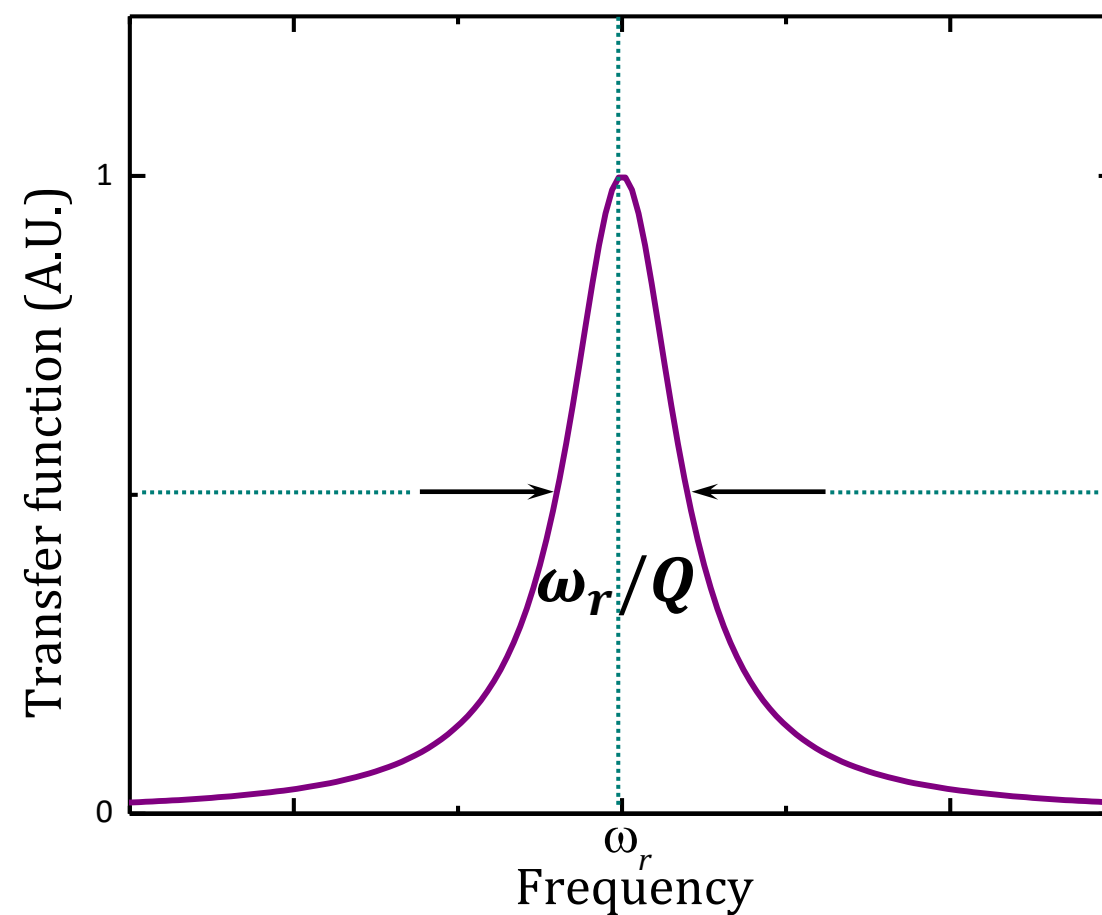
- System which response to an external force is amplified at given frequencies
- Enhancement determined by the quality factor
- But... what is the quality factor?
 - Measure of how good/bad a resonator is
 - Establishes level of interaction with the “outside”
 - $Q = 2\pi \frac{E_{stored}}{E_{lost}}$
 - $Q = \frac{\omega_r}{FWHM}$
 - $Q = \frac{S_{21}(\omega_r)}{S_{21}(\omega=0)}$



EPFL Is it better to have high or low quality factor?

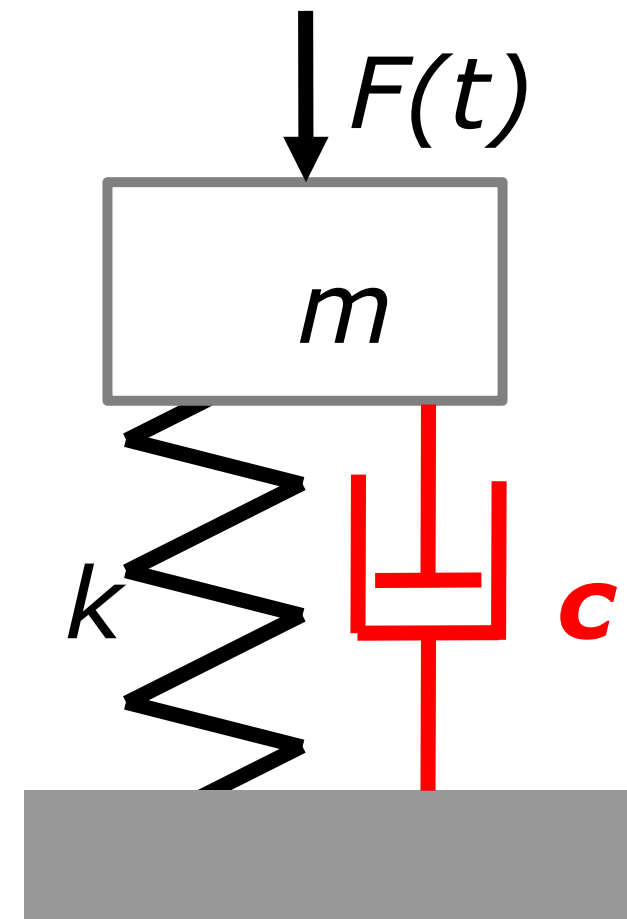
- It depends on the application
- Trade-off
 - Less influence from external noise
 - Time required to settle down the transients $\tau \sim 2\pi \frac{Q}{\omega_r}$
 - Every mechanical structure has resonances
- If your application “resonates” – Q as high as possible

↓
Resonator



EPFL Damping

- Simple lumped model:



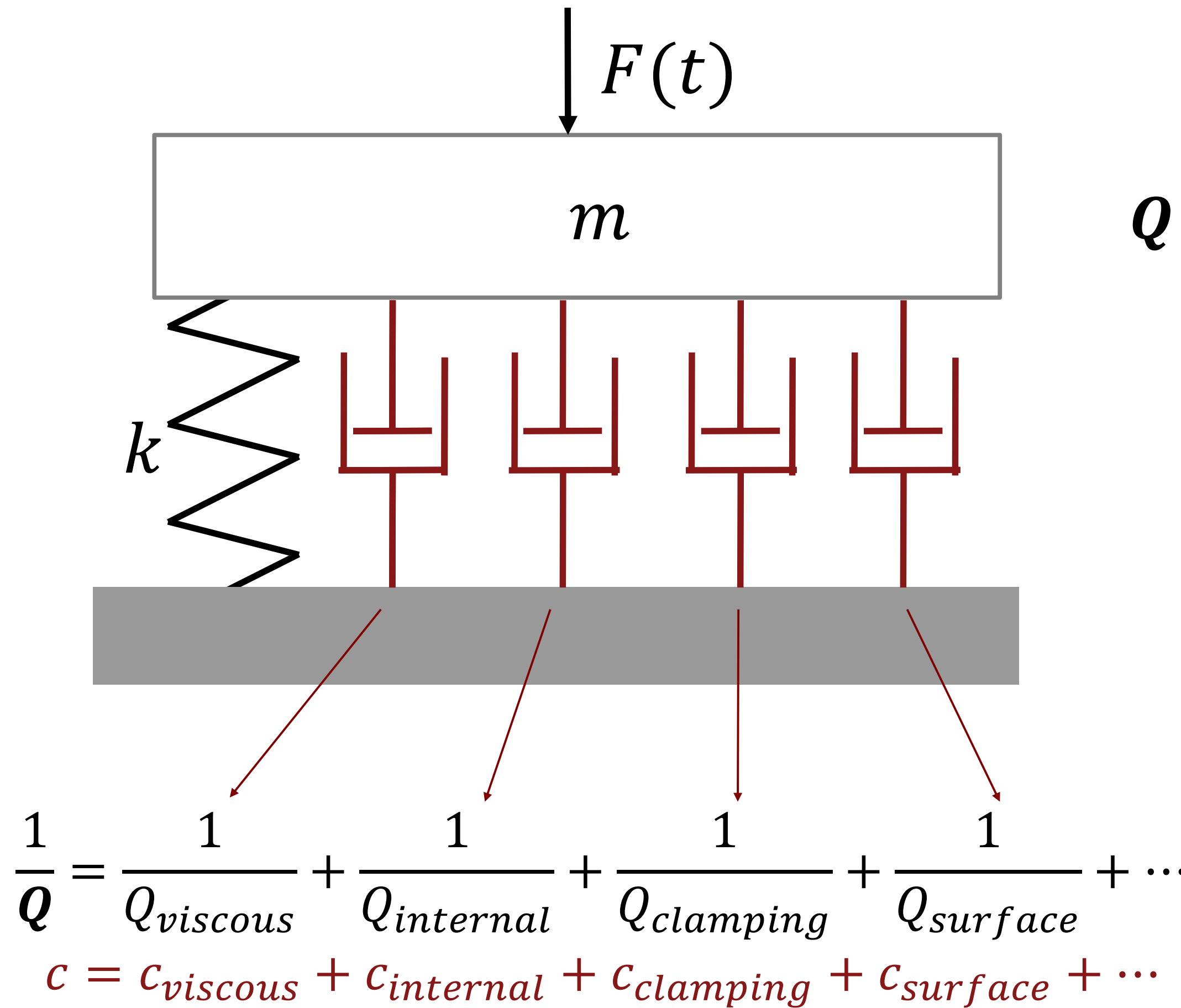
$$Q = 2\pi \frac{E_{stored}}{E_{lost}} = \frac{m_{eff}\omega_r}{c}$$

- But where is “c” coming from?

EPFL Possible damping sources in resonators

EPFL Damping

- A bit more extensive lumped model:



$$Q = 2\pi \frac{E_{stored}}{E_{lost}} = \frac{m_{eff} \omega_r}{c}$$

Viscous Damping

EPFL Viscous damping

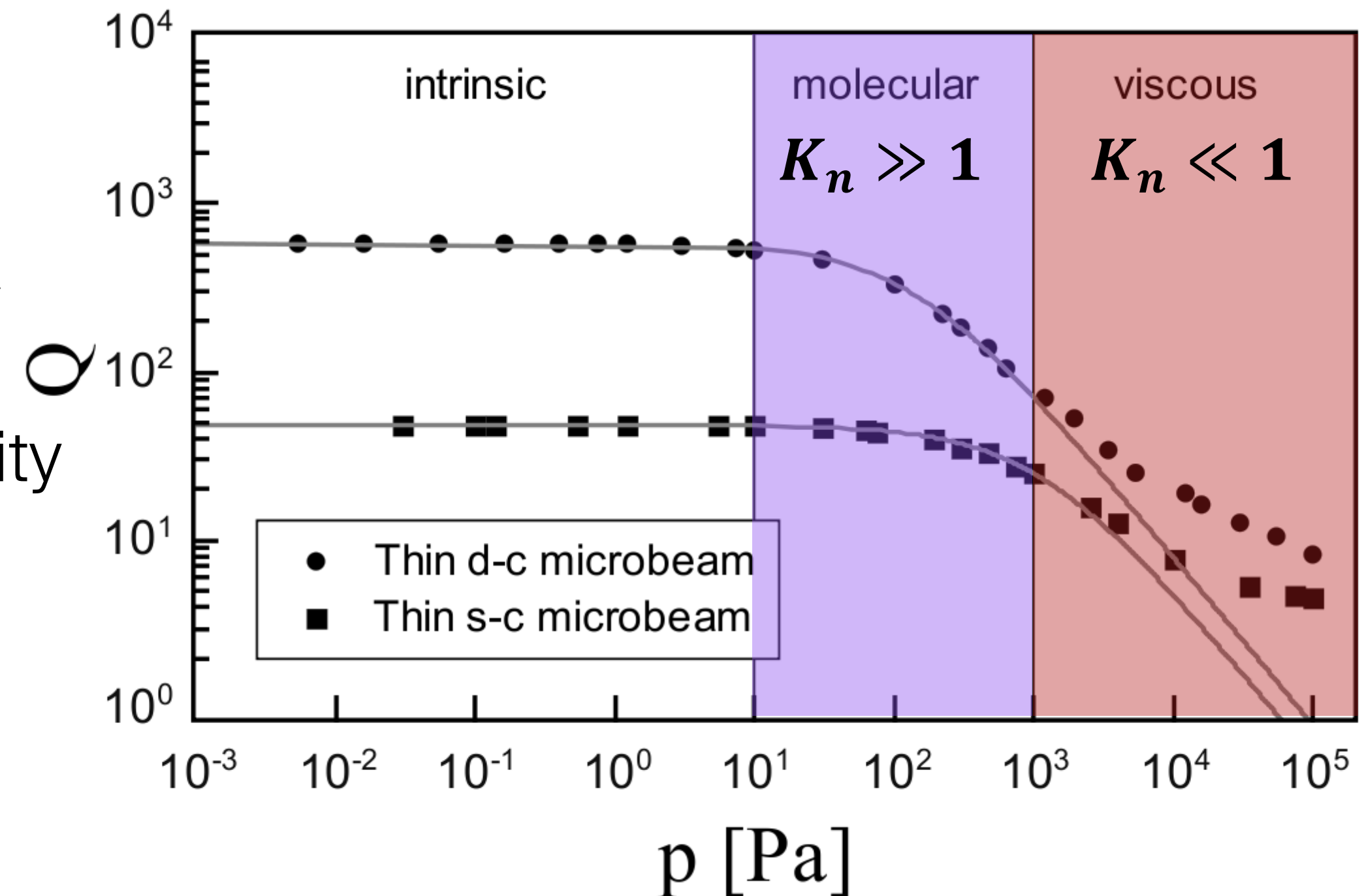
- Caused by the interaction of the solid with the surrounding fluid

- Two regimes, depending on the Knudsen number

- $$K_n = \frac{\lambda_{mfp}}{L_c} = \frac{k_B T}{\sqrt{2} \pi d_{gas}^2 P L_c}$$

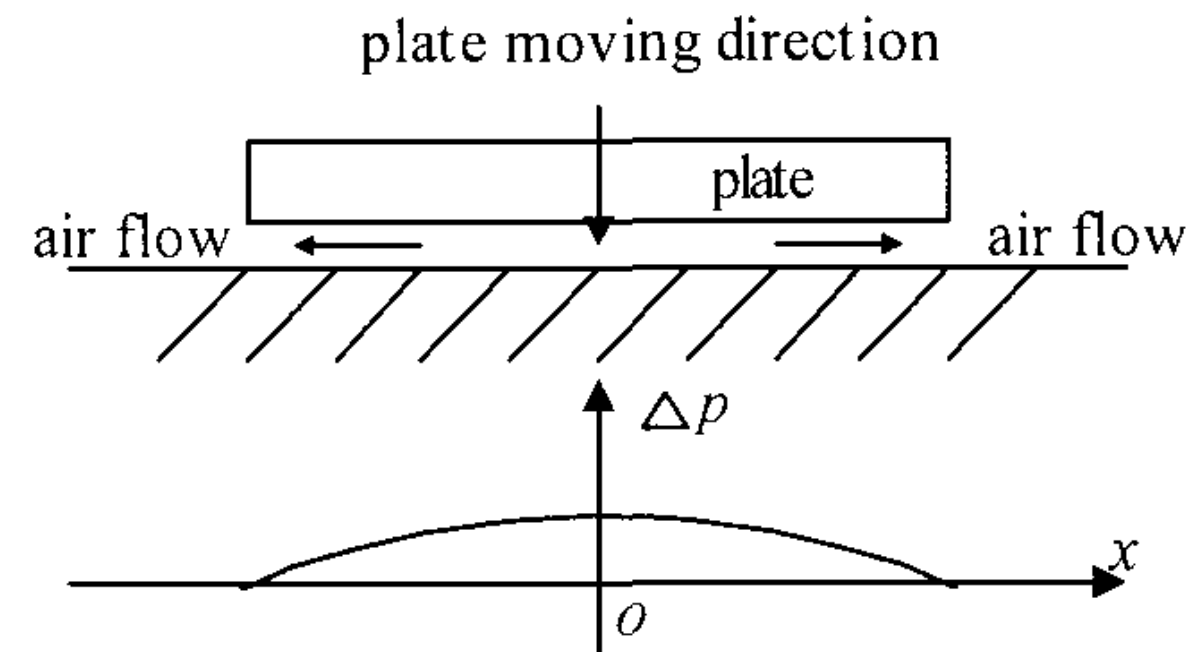
- Room temperature, P_{atm} : $\lambda_{mfp} \approx 70$ nm

- Viscous regime is dominated by viscosity



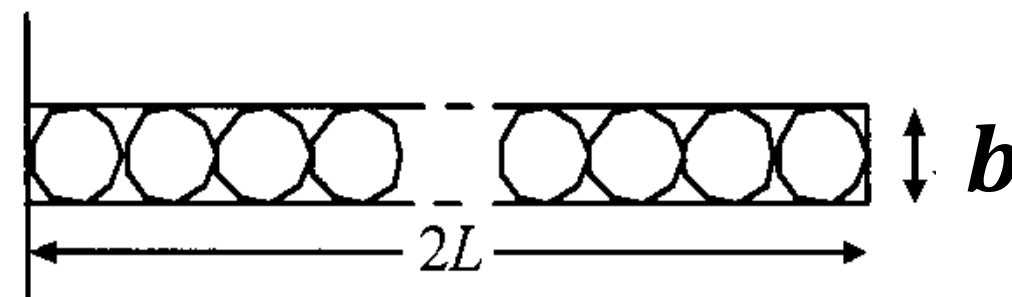
EPFL Two different types of interaction with the gas

- Squeeze film damping



$$Q_{sf, K_n < 1} = \frac{\rho h f_r}{\mu b^2} g_0^3$$

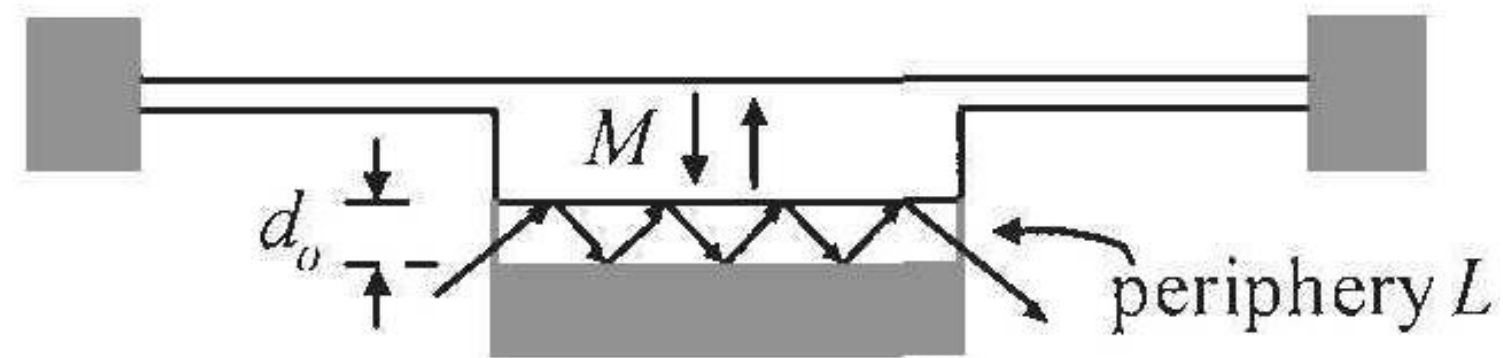
- Drag force damping



$$Q_{df, K_n < 1} = \frac{\rho h f_r}{8\mu} b$$

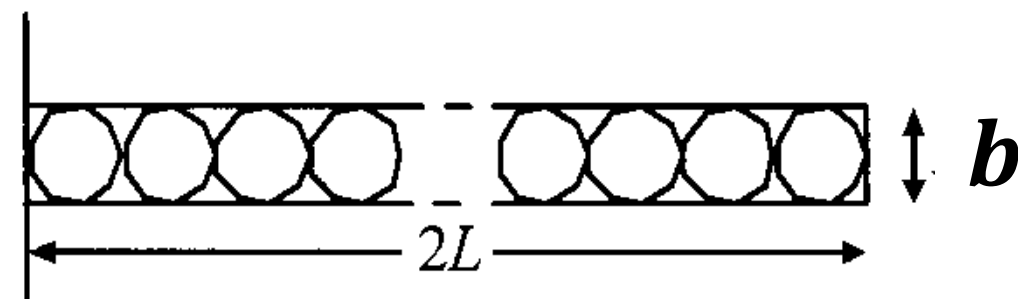
EPFL Two different types of interaction with the gas

- Squeeze film damping



$$Q_{sf, K_n > 1} \sim \rho h f_r \frac{g_0}{L_p} \frac{1}{P} \sqrt{\frac{RT}{m_{gas}}}$$

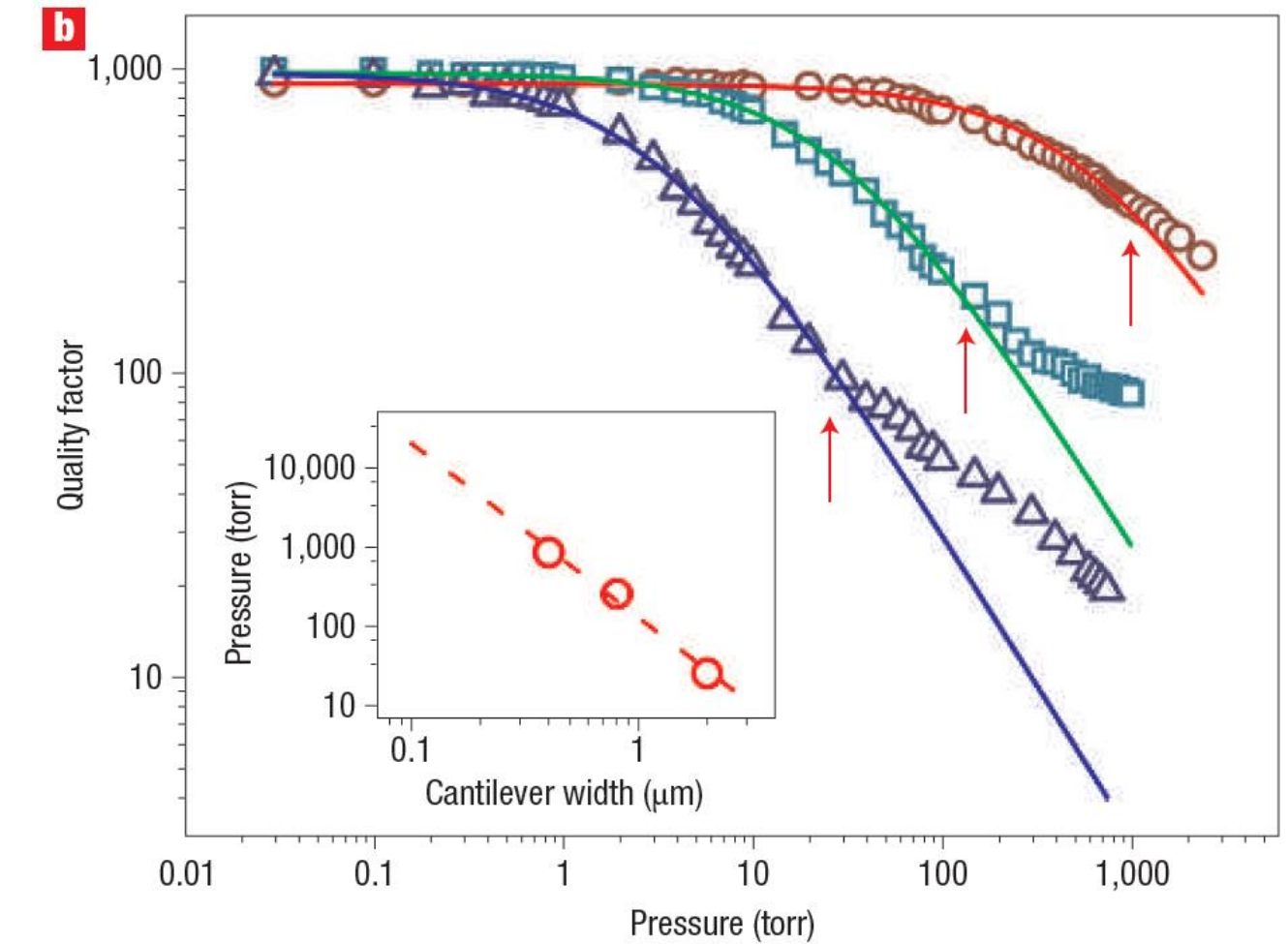
- Drag force damping



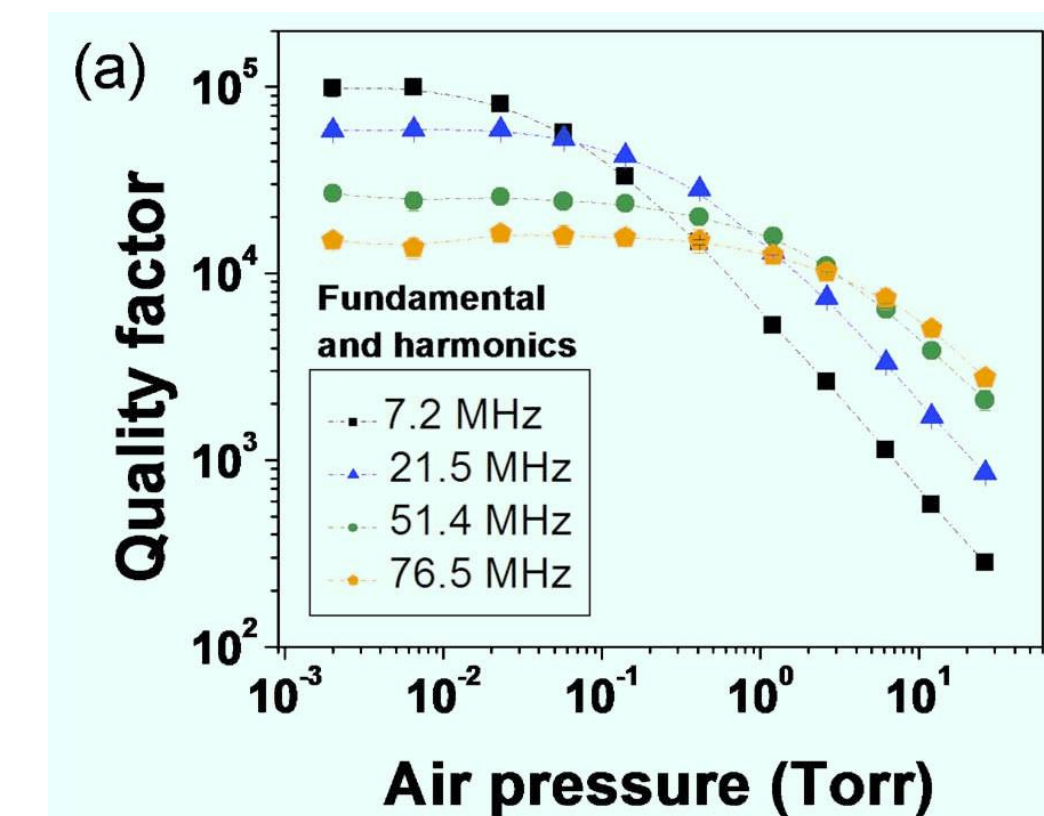
$$Q_{df, K_n > 1} \sim \rho h f_r \frac{1}{P} \sqrt{\frac{RT}{m_{gas}}}$$

EPFL How do you optimize the design in order to minimize gas damping?

- Reducing dimensions, increases Knudsen number

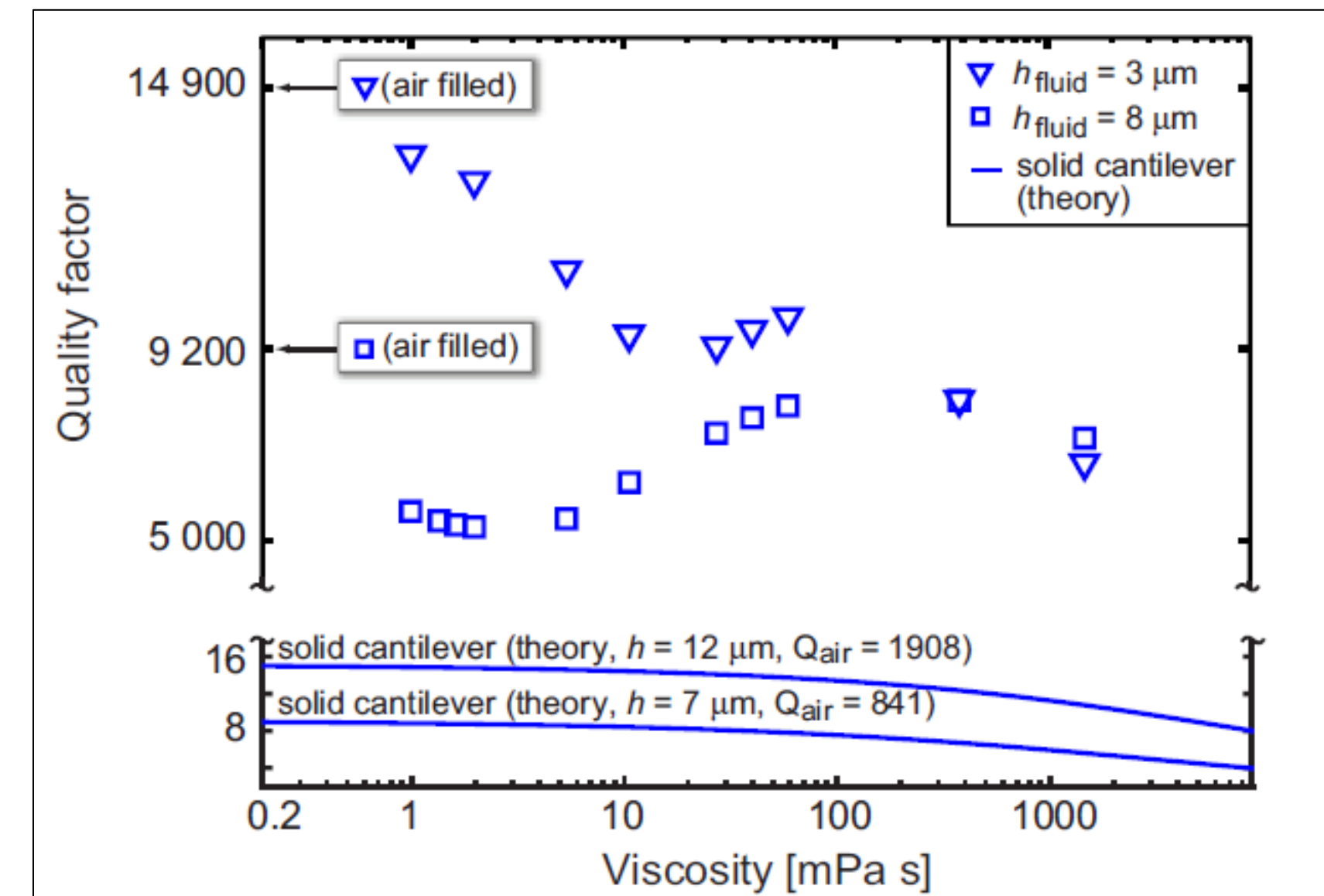
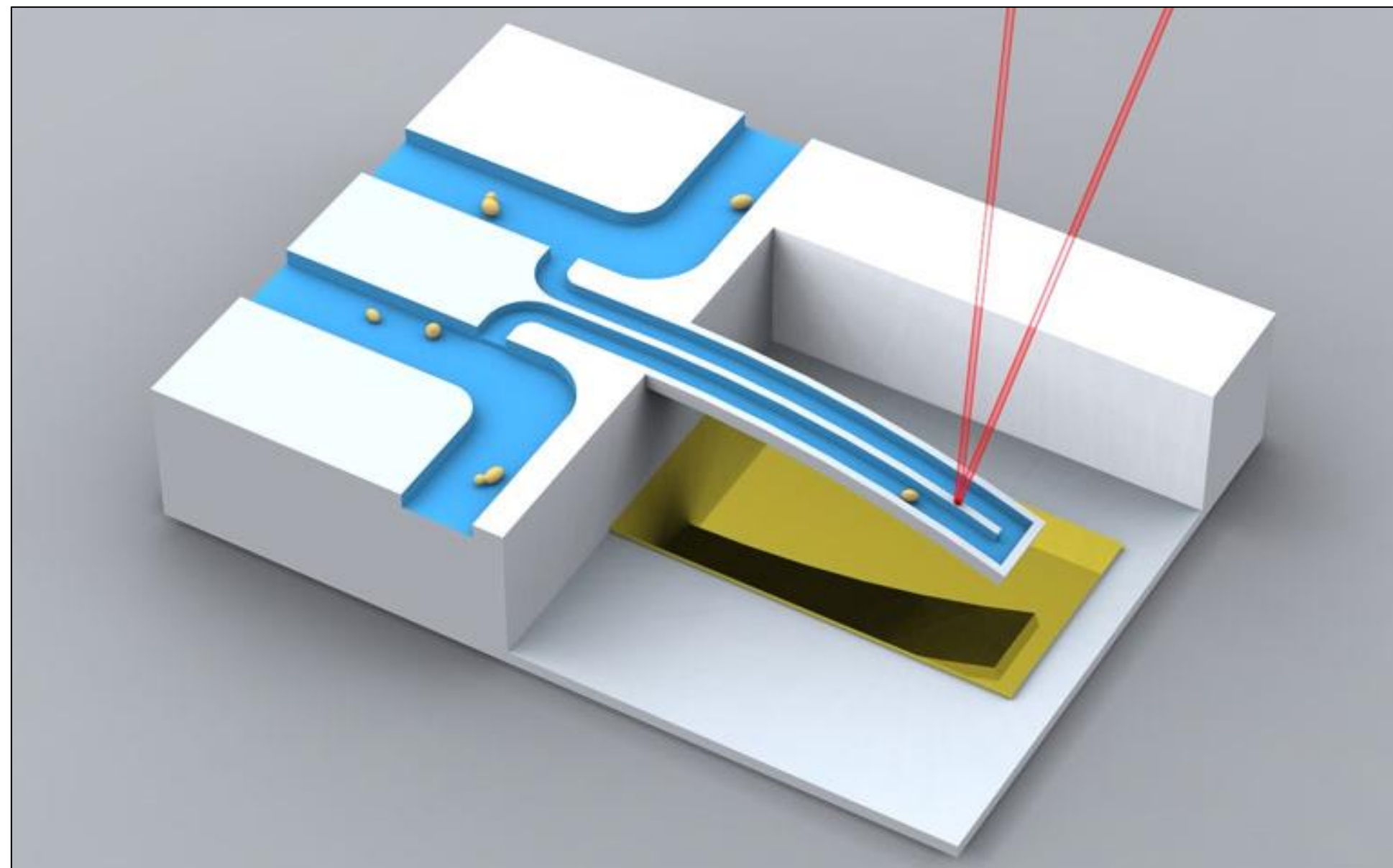


- Increasing mode number, increases frequency



EPFL What if we are in liquid?

- Always in viscous regime
- Viscosity is so large that $Q < 20$ in most cases
- What if we put the liquid inside, instead of around the resonator?

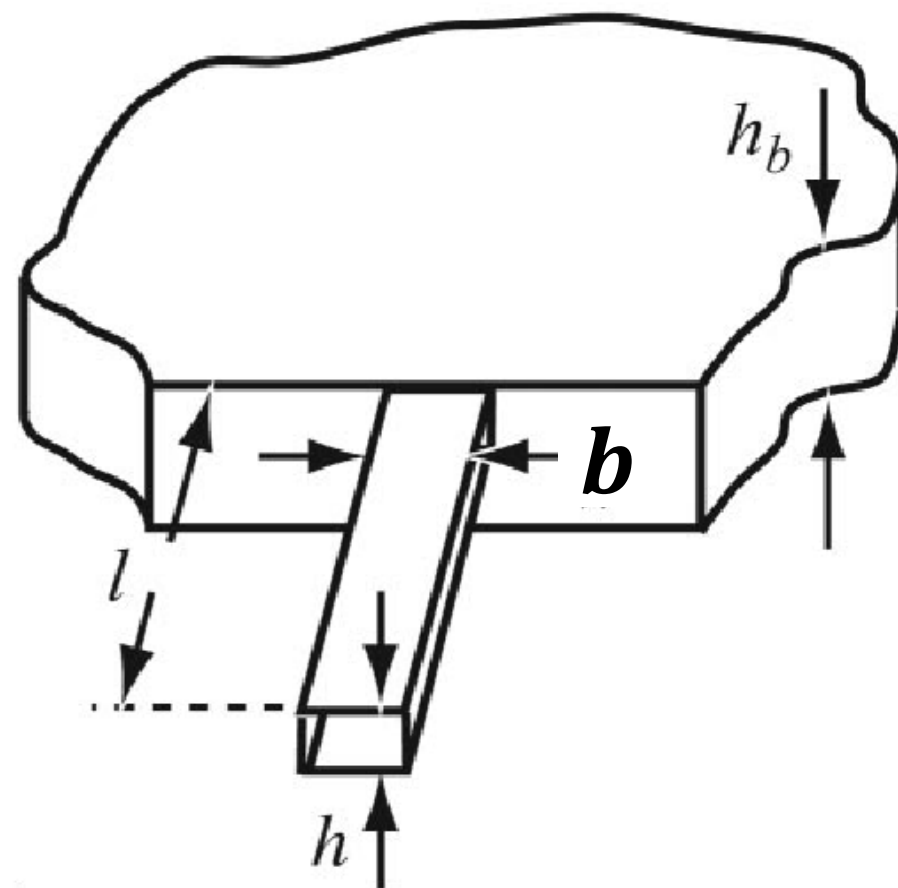


An aerial photograph of the EPFL campus in Lausanne, Switzerland. The image shows modern university buildings, a large lake (Lac Léman) in the background, and distant mountains under a cloudy sky. A large red rectangular area is overlaid on the bottom right of the image, containing the text 'Clamping losses'.

Clamping losses

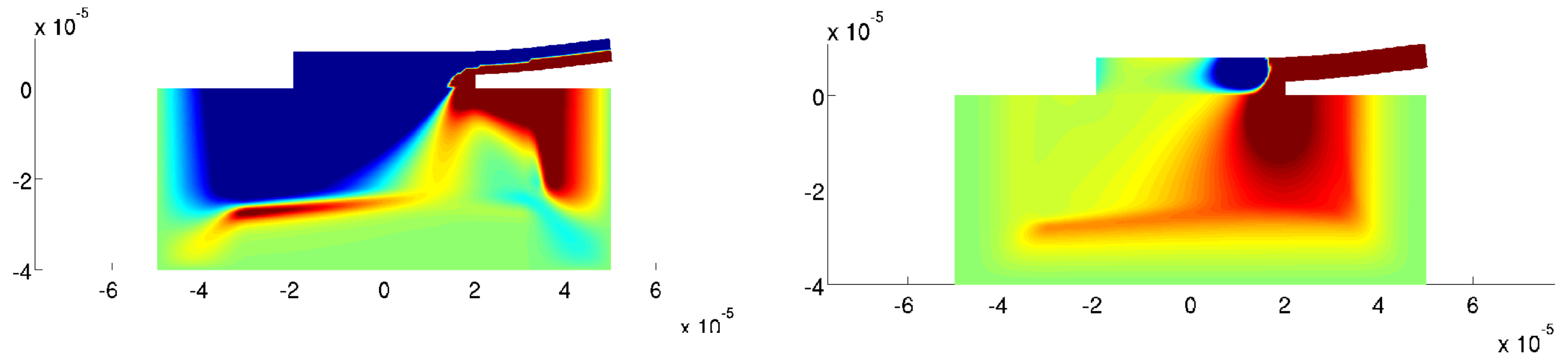
EPFL Clamping losses

- In the boundary with the frame, the resonator sends acoustic energy away
 - This energy is lost
- This damping mechanism is difficult to model in general, since many different options for clamping exist
 - As a thumb rule, if $h_{substrate} \gg h_{device} \rightarrow Q_{clamp} \propto \frac{L}{b}$



EPFL FEM with Perfectly Matched Layers (PMLs)

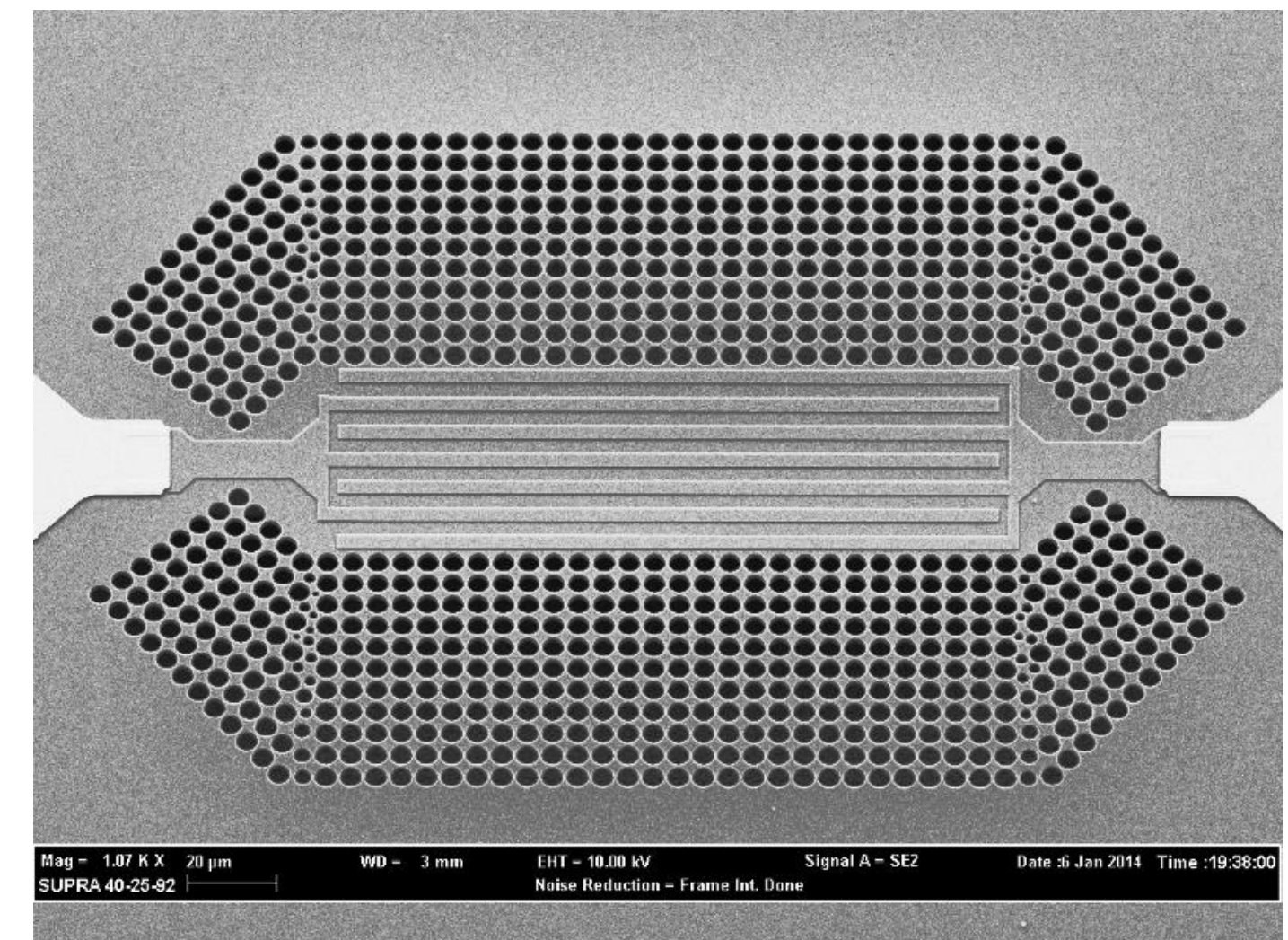
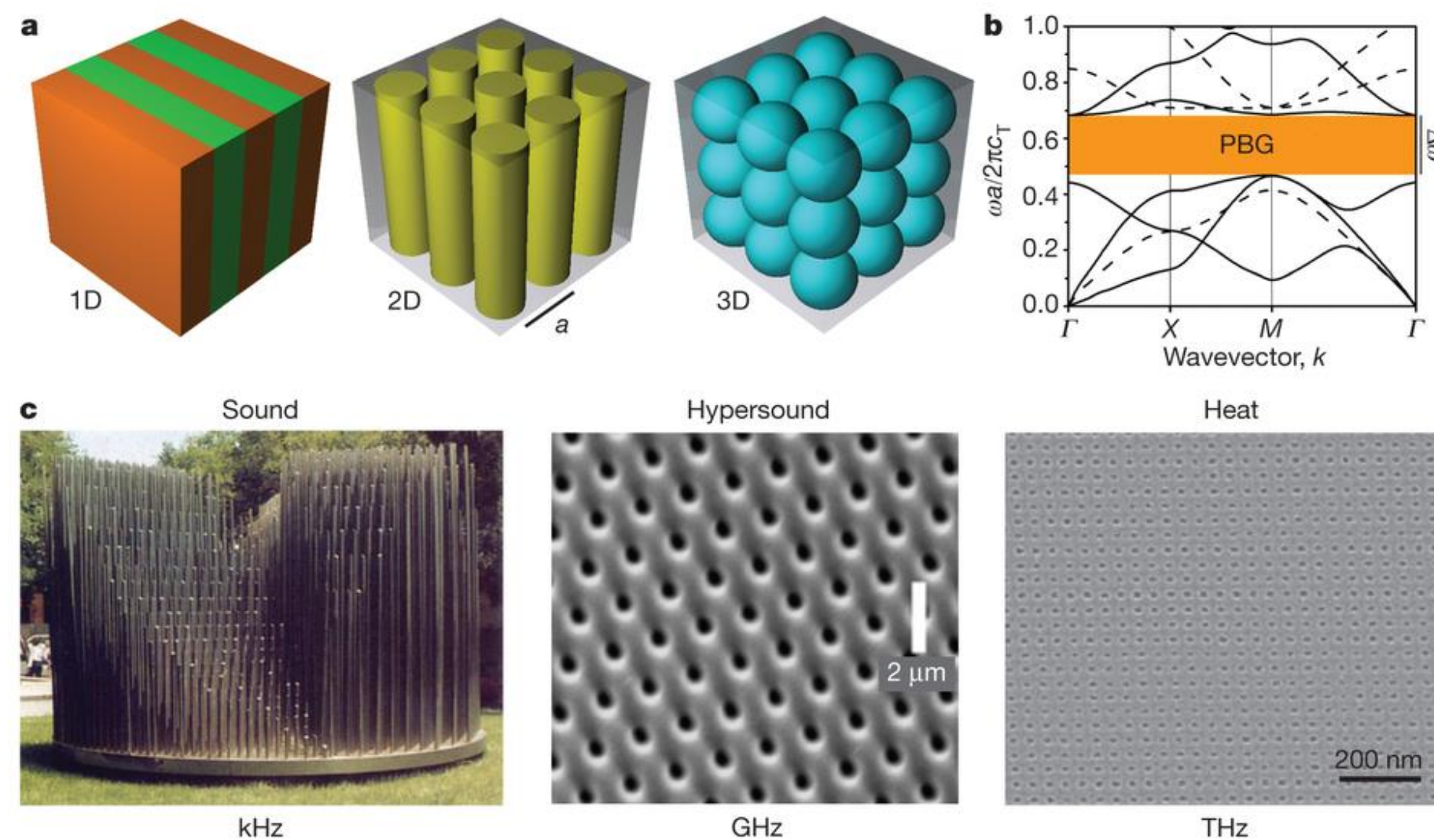
- Instead of perform analytical models, it is more effective to simulate our structure
- To do this, we need to input into the model Perfectly Matched Layers (PMLs) which absorb all energy that arrives to them



- This can be used to minimize clamping losses:
 - Via anchor design
 - Via phononic crystals

EPFL Phononic crystals

- Use of scattering & interference to create band gaps
 - Range of wavelengths within which waves cannot propagate
- Repetitive structure in artificially structured material
- Density and/or elastic constants change periodically
- Unit cell dimension comparable to (acoustic) wavelengths to stop



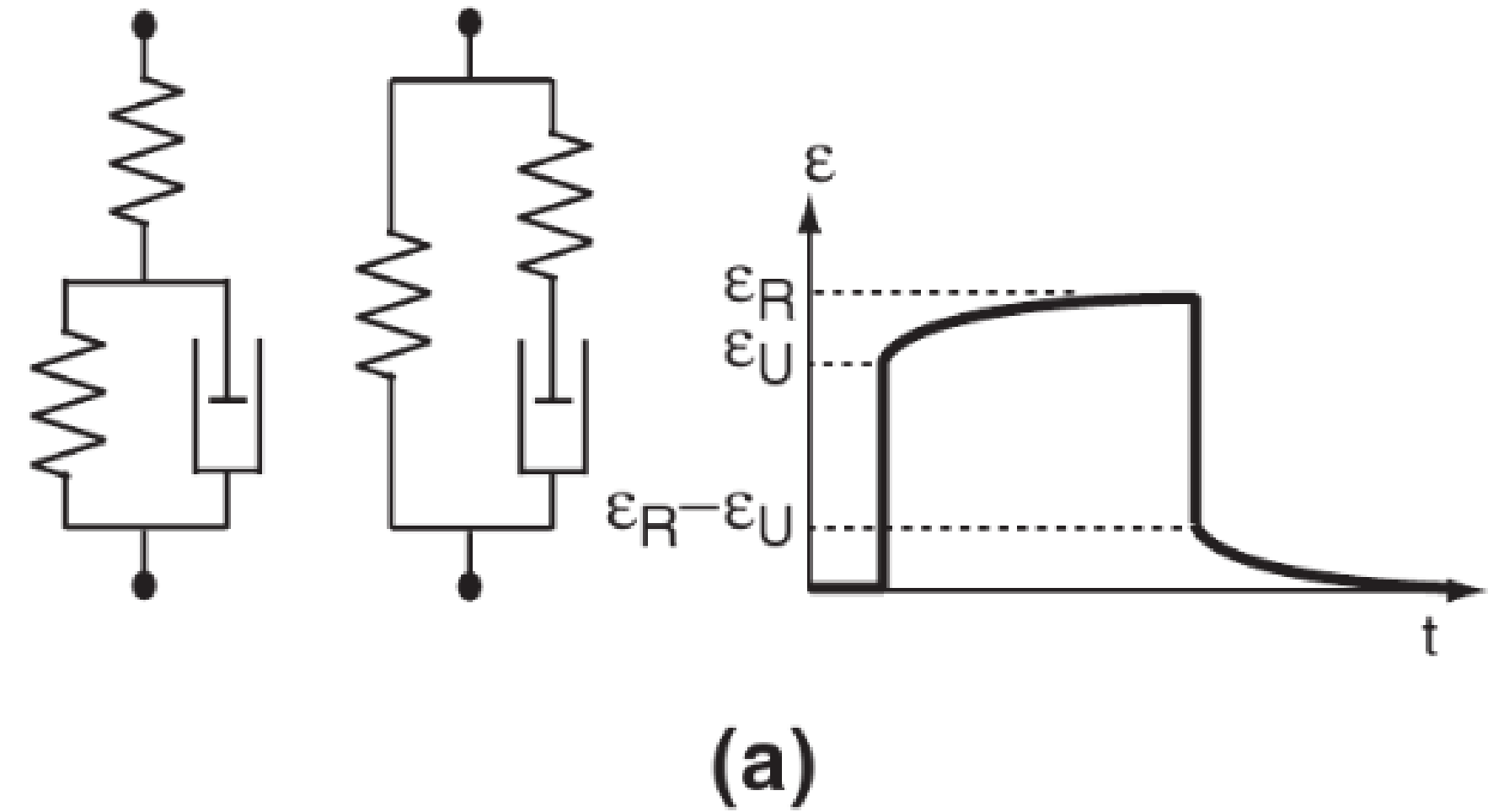
Wang, Proc. Solid-State Sens., Actuators 2014



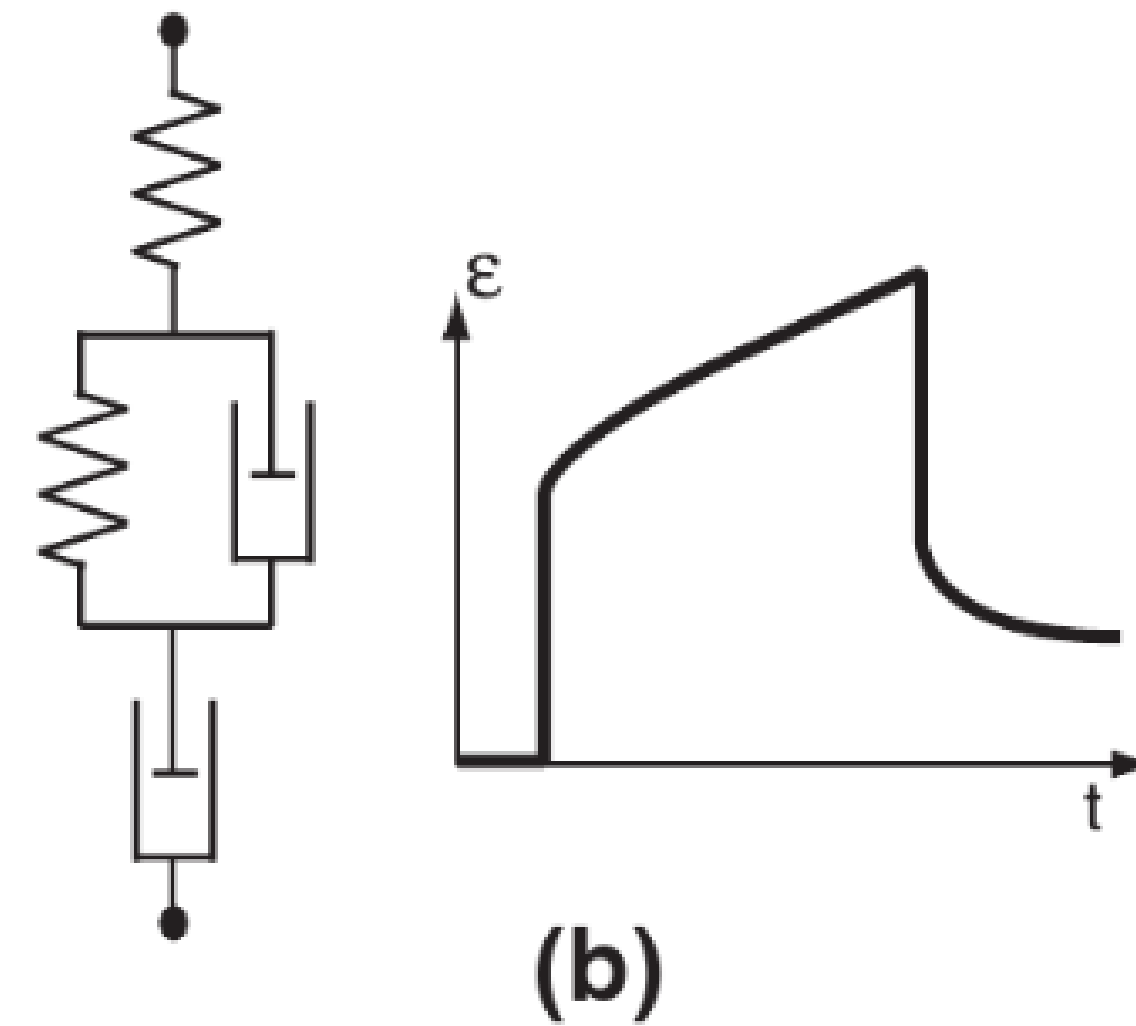
Internal damping

EPFL Internal material damping

- Anelastic solid (recoverable)



- Viscoelastic solid (non-recoverable)



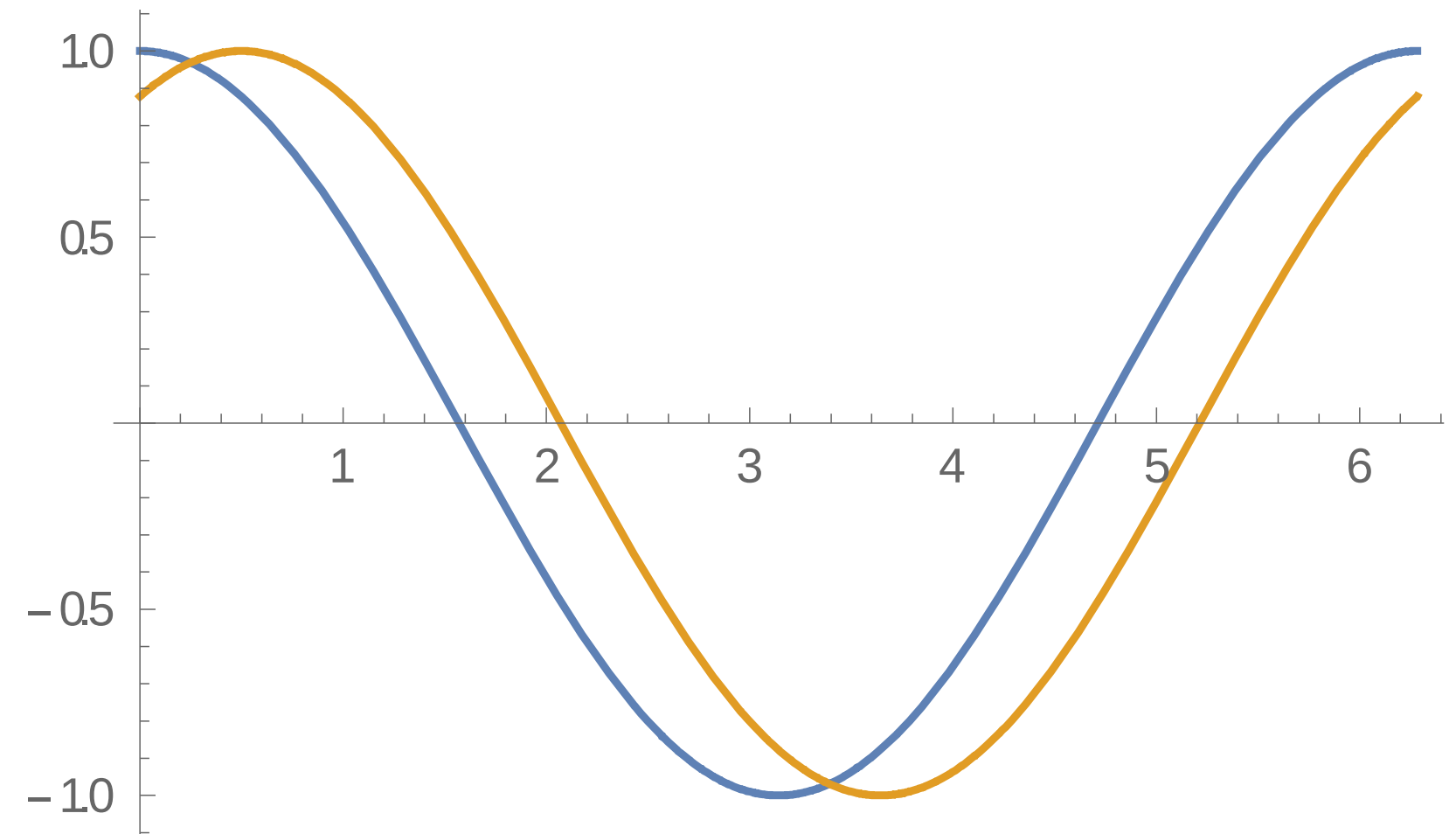
EPFL Internal material damping

- Strain and stress do not go in-phase
 - $\boldsymbol{\varepsilon}(t) = \boldsymbol{\varepsilon}_M \cos(\omega t) = \Re(\boldsymbol{\varepsilon}_M e^{j\omega t})$
 - $\boldsymbol{\sigma}(t) = \boldsymbol{\sigma}_M \cos(\omega t + \delta) = \Re(\boldsymbol{\sigma}_M e^{j(\omega t + \delta)})$

- $\frac{\hat{\boldsymbol{\sigma}}(t)}{\hat{\boldsymbol{\varepsilon}}(t)} = \frac{\boldsymbol{\sigma}_M e^{j(\omega t + \delta)}}{\boldsymbol{\varepsilon}_M e^{j\omega t}} = \boldsymbol{E}' + j\boldsymbol{E}''$

- $\boldsymbol{E}_{complex} = \boldsymbol{E}' + i\boldsymbol{E}''$

- $\boldsymbol{\sigma}(t) = \boldsymbol{\varepsilon}_M \boldsymbol{E}' \cos(\omega t) + \boldsymbol{\varepsilon}_M \boldsymbol{E}'' \sin(\omega t)$



- Energy lost per cycle:

$$\Delta u = \int_T \boldsymbol{\sigma} d\boldsymbol{\varepsilon} = \int_T \boldsymbol{\sigma} \dot{\boldsymbol{\varepsilon}} dt = \int_T (\omega \boldsymbol{\varepsilon}_M^2 \boldsymbol{E}' \cos(\omega t) \sin(\omega t) + \omega \boldsymbol{\varepsilon}_M^2 \boldsymbol{E}'' \sin^2(\omega t)) dt$$

$$\Delta u = \frac{\omega \boldsymbol{\varepsilon}_M^2 \boldsymbol{E}''}{2} \frac{2\pi}{\omega} = \pi \boldsymbol{\varepsilon}_M^2 \boldsymbol{E}''$$

EPFL Internal material damping

- Energy Stored

$$u_{max} = \int_{T/4} \sigma d\varepsilon = \frac{\omega \varepsilon_M^2}{2} \int_{T/4} \left(E' \sin(2\omega t) + \frac{E''}{2} (1 - \cos(2\omega t)) \right) dt$$

$$u_{max} \approx \frac{\omega \varepsilon_M^2 E'}{2} \frac{2}{2\omega} = \frac{\varepsilon_M^2}{2} E'$$

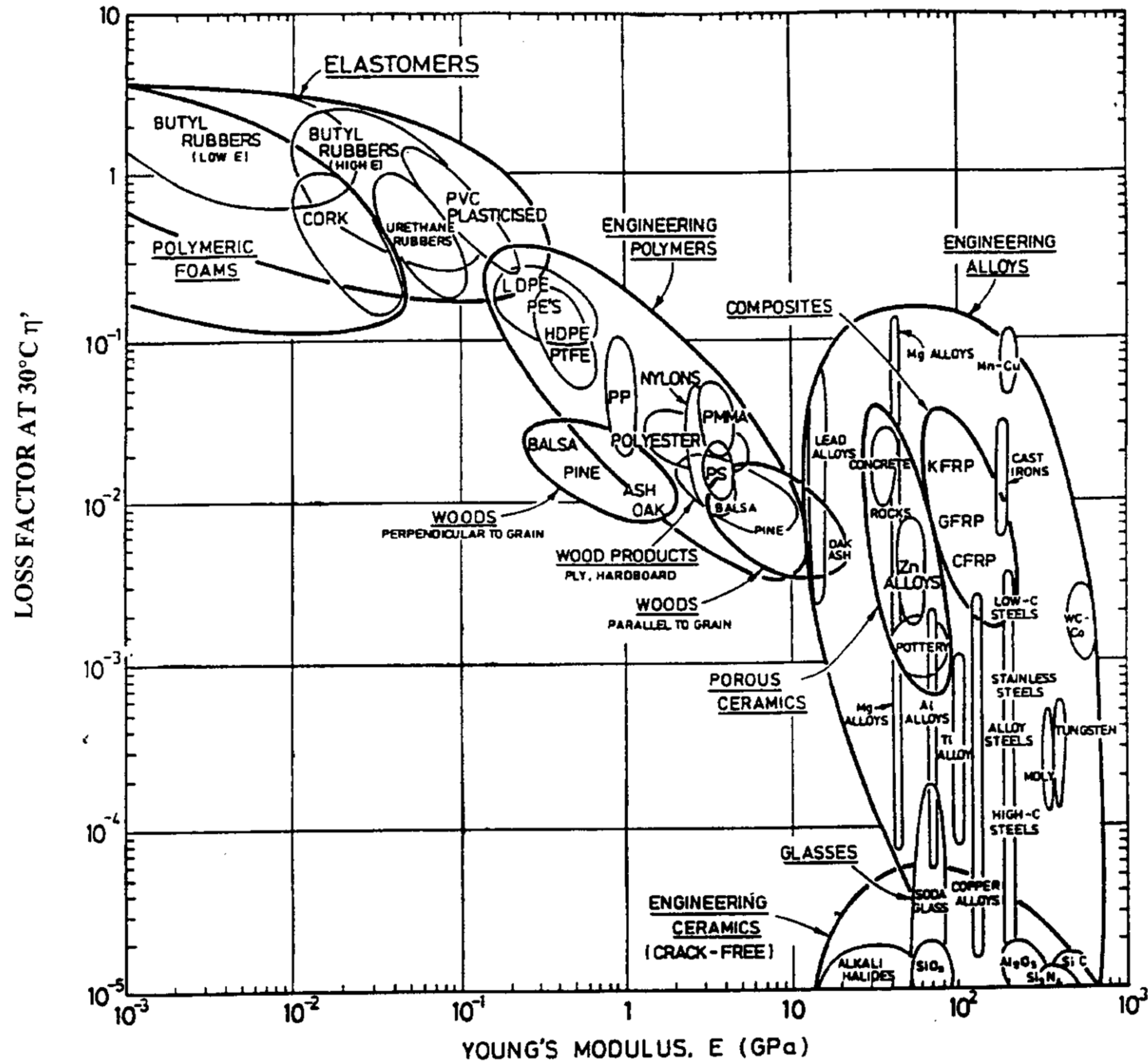
- Q

$$Q = 2\pi \frac{U_{max}}{\Delta U} = 2\pi \frac{\frac{\varepsilon_M^2}{2} E'}{\pi \varepsilon_M^2 E''} = \frac{E'}{E''} = \frac{1}{\tan(\delta)}$$

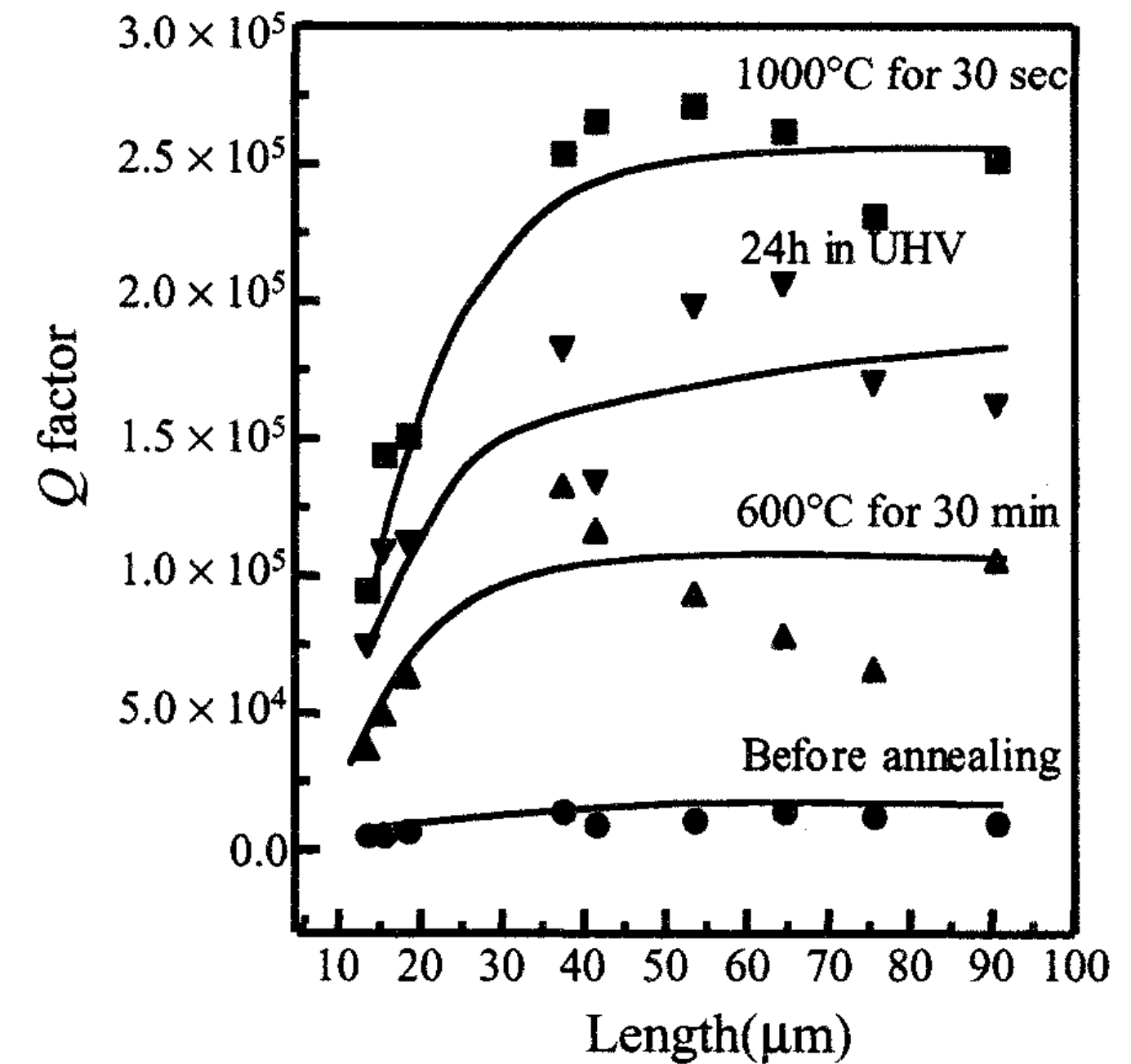
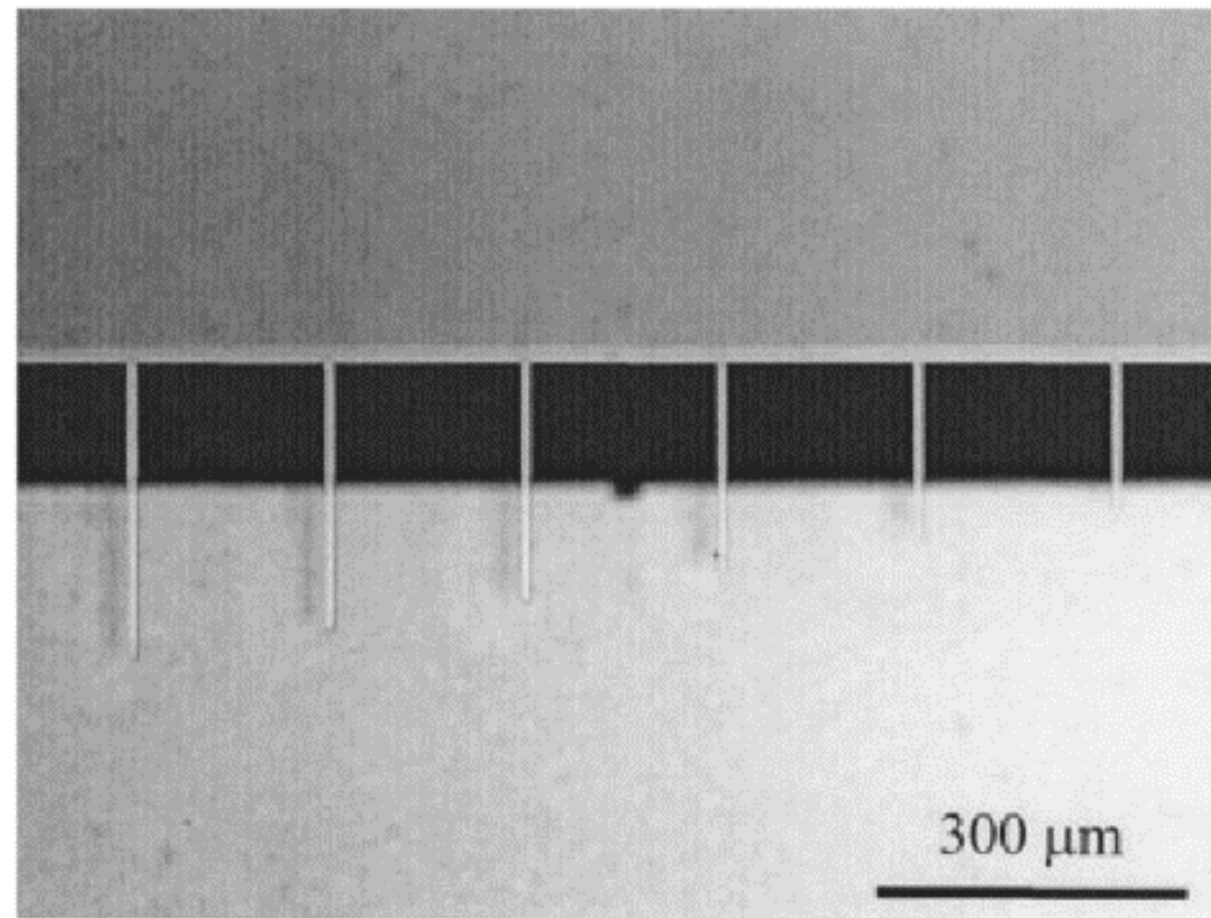
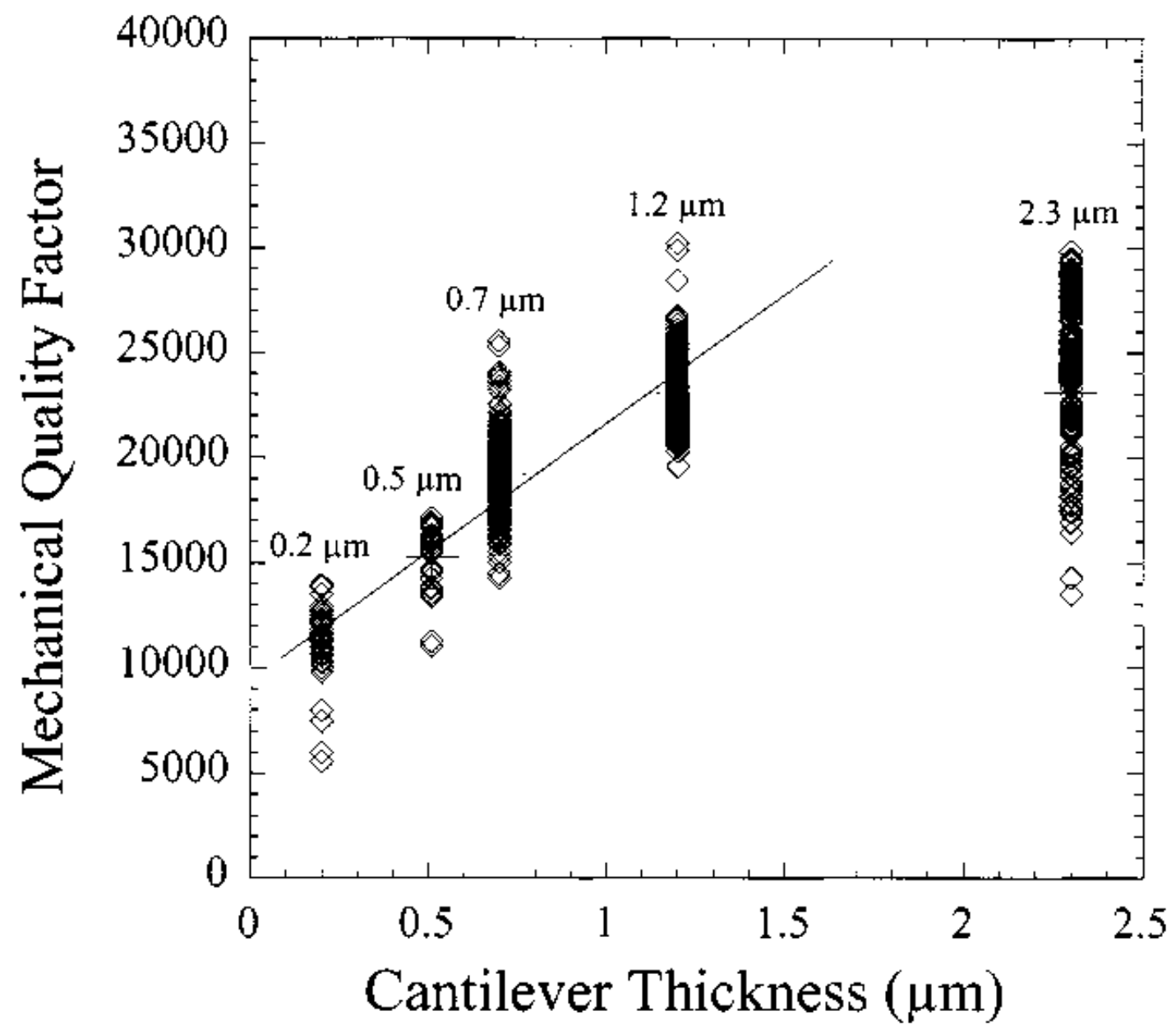
EPFL Thermal activation

- The anelastic relaxation stems from thermally activated motion of various defects
- This motion can be described by Arrhenius' law $\propto e^{\frac{E_{activation}}{k_B T}}$
 - This means that cooling down will “freeze” defects and thus improve Q
- Each material has a different “ δ ”
- Which one do you think is best?
 - Single crystalline
 - Si
 - Diamond
 - Poly-crystalline
 - Ceramics
 - Metals
 - Polymers

EPFL Material comparison



- Quality factor drops as a function of thickness
 - this is a clear consequence of a surface loss mechanism

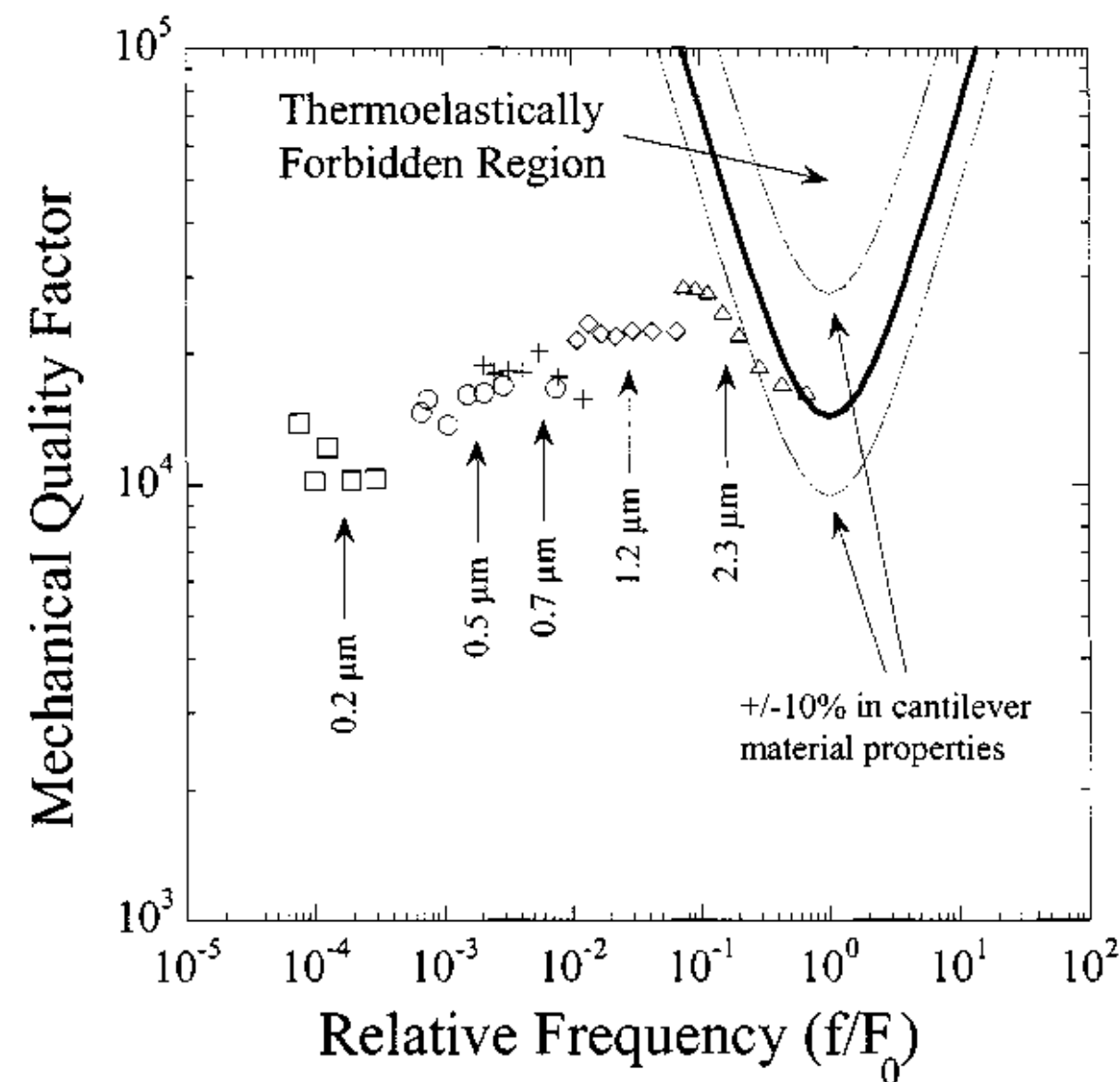


EPFL Thermoelastic damping

- This is a particular case of internal damping that happens in every material
- Expansion during movement will have an associated change in temperature

$$\varepsilon = \alpha \cdot \Delta T$$

- ΔT is local and will create a temperature gradient inside the device
- This temperature gradient causes a heat flow which implies energy being lost





Pre-stressed beams

EPFL What happens if we put Tension in the beam?

$$\varepsilon(t) = \varepsilon_0 + \varepsilon_M \cos(\omega t)$$

$$\sigma(t) = \sigma_0 + \sigma_M \cos(\omega t + \delta) = \sigma_0 + \varepsilon_M E' \cos(\omega t) + \varepsilon_M E'' \sin(\omega t)$$

- Energy lost per cycle:

$$\Delta u = \int_T \sigma d\varepsilon = \int_T \sigma \dot{\varepsilon} dt = \frac{\omega \varepsilon_M^2 E''}{2} \frac{2\pi}{\omega} = \pi \varepsilon_M^2 E''$$

- Energy stored:

$$u_{max} = \int_{T/4} \sigma d\varepsilon \approx \sigma_0 \varepsilon_M + \frac{\varepsilon_M^2}{2} E'$$

- Remember – this is energy density, per unit volume

EPFL What happens if we put Tension in the beam?

- We can use:

$$\varepsilon(x, t) = \varepsilon_0 + \frac{1}{2L} \int_0^L (w(t)\phi'(x))^2 dx + (y - y_0)w(t)\phi''(x)$$

- Energy lost per cycle:

$$\Delta U = \int_V \Delta u dV = \pi E'' \int_V \varepsilon_M^2 dV \approx \pi I E'' w_M^2 \int_0^L \phi''^2(x) dx$$

- Energy stored:

$$U_{max} = \int_V u_{max} dV \approx \sigma_0 A w_M^2 \frac{1}{2} \int_0^L \phi'^2(x) dx + \frac{E'}{2} I w_M^2 \int_0^L \phi''^2(x) dx$$

- And then:

$$Q = 2\pi \frac{U_{max}}{\Delta U} = \frac{\sigma_0 A \int_0^L \phi'^2(x) dx + E' I \int_0^L \phi''^2(x) dx}{I E'' \int_0^L \phi''^2(x) dx} = \frac{E'}{E''} + \frac{\sigma_0}{E''} \frac{A}{I} \frac{\int_0^L \phi'^2(x) dx}{\int_0^L \phi''^2(x) dx}$$

EPFL Damping Dilution

$$Q = 2\pi \frac{U_{max}}{\Delta U} \approx \frac{E'}{E''} + \frac{\sigma_0}{E''} \frac{A}{I} \frac{\int_0^L \phi'^2(x) dx}{\int_0^L \phi''^2(x) dx} = Q_{\sigma=0} \left(1 + \frac{\sigma_0}{E'} \frac{A}{I} \frac{\int_0^L \phi'^2(x) dx}{\int_0^L \phi''^2(x) dx} \right)$$

$$Q \approx Q_{\sigma=0} \left(1 + \frac{\sigma_0}{E'} \frac{A}{I} L^2 \frac{\int_0^1 \phi'^2(\xi) dx}{\int_0^1 \phi''^2(\xi) dx} \right)$$

- For Long, Thin, Stressed structures:

$$Q \approx Q_{\sigma=0} \frac{\sigma_0}{E'} \frac{A}{I} L^2 \frac{\int_0^1 \phi'^2(\xi) dx}{\int_0^1 \phi''^2(\xi) dx}$$

→ Dilution factor